



# CEC Breakfast & Lunch Menu 11/18-11/22

## MONDAY

Breakfast: Cinnamon bagels, cereal, toast, fruit cup, juice and milk

Lunch: Pizza sticks w/marinara sauce, curly fries w/ketchup, gogurts, 2 veggie choices, 2 fruit choices and milk

## TUESDAY

Breakfast: Biscuits w/gravy, cereal, toast, fruit cup, juice and milk

Lunch: Chicken noodle soup w/crackers, grilled cheese, Annie's bunny grahams, 2 veggie choices, 2 fruit choices and milk

## WEDNESDAY

Breakfast: Breakfast pizza, parfaits, cereal, toast, fruit cup, juice, milk

Lunch: Chicken quesadillas, chips & salsa, 2 veggie choices, 2 fruit choices and milk

## THURSDAY

Breakfast: Pancakes on a stick w/syrup, cereal, toast, fruit cup, juice and milk

Lunch: Turkey w/gravy, mashed potatoes, dressing, green beans, rolls, sugar cookies w/icing and milk

## FRIDAY

Breakfast: Scrambled eggs w/bacon, cereal, cinnamon toast, fruit cup and milk

Lunch: Hot dogs on bun, baked beans, baked fries w/ketchup, 2 fruit choices and milk

